## **CAA ECG Reporting System**

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## Development

- Principles of Best Regulation
- Clinical Quality
- Business efficiency in AeMC
  - Code of practice and service standards
  - Previous practice deskills and prevents the aviation medical examiner from developing ECG reading skills.
  - ECGs should be properly reported in conjunction with clinical evaluation of the applicant - The aviation medical examiner has already evaluated the applicant
- Review of AeMC ECGs
  - Literature review
  - Retrospective and prospective studies
- Very high specificity (c99%)

#### **ECG** Procedure

- Applicant History / Declaration
- Applicant Examination Findings
- ◆ Record ECG

## Top tips for recording ECG

- The patient should be warm and comfortable shivering produces muscle artefact.
- Hyperventilation associated with anxiety can cause T wave abnormalities.
- Ingestion of cold drinks may cool the heart sufficiently to also cause T wave abnormalities
- Unusual axis check limb lead switch
- ◆ Leads V1 and V2 should be placed in the 4<sup>th</sup> intercostal spaces, a common error is to take the small space between the clavicle and the first rib as the first intercostal space it is not, it is the space below this. This error is associated with the remaining chest leads being incorrectly positioned, this generally results in an rsr' pattern with inverted P and T waves
- Reversal of V2 and V3 may give apparent poor R wave progression

#### **ECG** Procedure

- Applicant History / Declaration
- Applicant Examination Findings
- Record ECG
- **◆**AME review of ECG
  - Technical quality
  - Diagnostic statements
  - Own review

#### AME review

- Substantial changes to or abnormalities of rate / rhythm
- Substantial axis shift
- PR duration
- QRS duration & morphology
- T waves

# ECG Recording/Reporting Overview

- Applicant History / Declaration
- Applicant Examination Findings
- AME review of ECG
  - Technical quality
  - ECG Machine Diagnostic Statement(s)
  - Own review
- Code ECG on AME on Line
- Review / Submit / Retain ECG

## 'Approved' Interpretive Software

- Marquette 12SL
- Schiller/SECA/ESAOTE
- Cardioview (Biolog) 3000
- Nihon Kohden
- Hewlett Packard
- \*\*\*\*Acceptable statements are machine specific\*\*\*\*
- \*\*Unacceptable statement(s) with "no change" is not acceptable \*\*

#### Hewlett Packard

- Normal ECG
- Otherwise normal ECG
- Sinus rhythm
- Sinus arrhythmia
- Sinus bradycardia (accept only if rate >40 bpm)
- Sinus tachycardia (accept only if rate <110 bpm)
- LVH by voltage (accept only if : physically fit, no hypertension, no murmur)
- Right axis deviation (accept only if no murmur)

#### Nihon Kohden

- 1100 Sinus Rhythm
- 1102 Sinus Arrhythmia
- 1108 Marked Sinus Arrhythmia
- 1120 Sinus tachycardia (accept only if rate < 110 bpm)</p>
- 1130 Sinus bradycardia (accept only if rate > 40 bpm)
- 5211 Minimal Voltage criteria for LVH, may be normal variant (accept only if: physically fit; no hypertension; no murmur)
- 5222 Moderate voltage criteria for LVH, may be normal variant (accept only if: physically fit; no hypertension; no murmur)
- 7102 Moderate right axis deviation (accept only if no murmur)
- 9110 \*\* normal ECG\*\*

#### Nihon Kohden

Acceptable statement groups

1100 Sinus Rhythm
5211 Minimal Voltage criteria for LVH may be normal variant
9130\*\*Borderline ECG\*\*

1100 Sinus Rhythm
5222 Moderate Voltage criteria for LVH may be normal variant
9130 \*\*Borderline ECG\*\*

1120 Sinus tachycardia 9140 \*\*Abnormal rhythm ECG\*\*

1130 Sinus bradycardia 9140 \*\*Abnormal rhythm ECG\*\*

1100 Sinus Rhythm 1108 Marked sinus arrhythmia 9130 \*\*Borderline ECG\*\*

#### Cardio View (Biolog) 3000

- Normal Sinus Rhythm
- Normal
- Sinus Bradycardia (accept only if rate > 40 bpm)
- Sinus Arrhythmia

#### E-Lite

- Normal ECG
- Sinus bradycardia (accept only if rate >40 bpm)

### Schiller / SECA / ESAOTE

- Sinus bradycardia (accept only if rate > 40 bpm)
- Sinus arrhythmia
- Moderate amplitude criteria for left ventricular hypertrophy borderline ECG (as a single statement, accept only if physically fit, no hypertension, no murmur)
- Amplitude criteria for left ventricular hypertrophy possibly abnormal ECG (as a single statement, accept only if physically fit, no hypertension, no murmur)
- Rightward axis (accept only if no murmur)
- Otherwise normal ECG
- Normal ECG
- Sinus rhythm
- Sinus tachycardia (accept only if rate < 110bpm)</p>

## Marquette 12 SL

- Marked sinus bradycardia (accept only if rate > 40 bpm)
- Marked sinus arrhythmia
- Minimal voltage criteria for LVH, may be normal variant (accept only if : physically fit, no hypertension, no murmur)
- Moderate voltage criteria for LVH, may be normal variant (accept only if : physically fit, no hypertension, no murmur)
- Normal ECG
- Normal sinus rhythm
- Rightward axis (accept only if no murmur)
- Sinus arrhythmia
- Sinus bradycardia
- Sinus tachycardia (accept only if rate <110 bpm)</p>

## **CAA Oversight & Audit**

- Sampling
- Checking that system used is acceptable
- Checking of acceptable statements
- Cardiologist over-reading
- Certificatory actions
- Feedback to AME

## Key Messages

- Acceptable software
- Clinical history <-> Examination <-> ECG
  - Diagnostic statements and your review
- Admin / recording on AME on Line
- \*\*Acceptable statements are machine specific\*\*
- \*\*Unacceptable statements with "no change" are not acceptable\*\*