

## Pilot Medical Declaration (PMD) checklist (guidance for medical professionals)

### To only fly aircraft no greater than 2000 kg maximum take off mass (MTOM)

- Has met the medical requirements for a Group 1 (car) Licence issued by the Driver and Vehicle Licensing Agency (DVLA)
- Is not taking medication for a psychiatric illness

Note: if both boxes can be ticked, pilot can make a PMD to the at or less than 2000 kg category.

### To fly aircraft between 2001 kg and 5700 kg MTOM

- Has met the medical requirements for a Group 1 (car) Licence issued by the DVLA
- Does not have any physical or mental condition or medical history that might impair flight safety. As a minimum, such conditions include:

- a. any alcohol or drug abuse, addiction or misuse,
- b. any neurological condition requiring medication,
- c. any functional disability likely to impair safe operation of normal flight controls,
- d. any recent surgery or new medical treatment,
- e. any collapse, fainting (syncope), seizure or loss of consciousness,
- f. any history of (a) to (e); or
- g. other medical conditions specified by the CAA:
  - i. Being prescribed medication for any psychiatric illness,
  - ii. Bipolar disorder, schizophrenia or other psychotic illness, or a diagnosis of personality disorder,
  - iii. Dementia or cognitive impairment,
  - iv. Being prescribed medication or treatment for angina or heart failure,
  - v. Cardiac surgical procedures including coronary angioplasty or stenting and cardiac device implantation,
  - vi. Insulin treatment for diabetes,
  - vii. Chronic lung disease with shortness of breath on exertion.

Note: if both boxes can be ticked, pilot can make a PMD to the no greater than 5700 kg category.

The above checklist is basic guidance. Full information on the PMD requirements and restrictions can be found on our website, <https://www.caa.co.uk/general-aviation/pilot-licences/applications/medical/medical-requirements-for-private-pilots/>  
Full information on DVLA Group 1 (car) requirements can be found on the DVLA website, <https://www.gov.uk/health-conditions-and-driving>