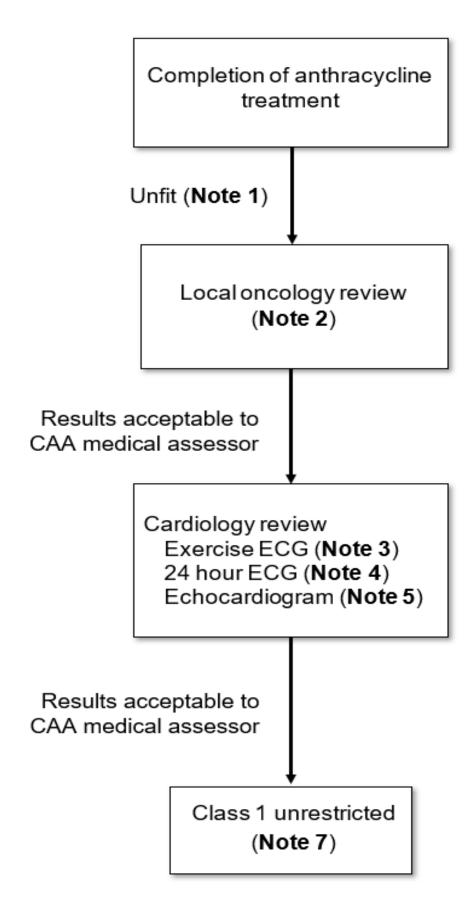
# Class 1 certification - Anthracycline Treatment





This flow chart sets out the process to be followed for Class 1 medical certification following completion of anthracycline treatment.

# **Notes**

# Note 1

Class 1 holders - 6 months

Class 1 applicants - 1 year

#### Note 2

Must be in full remission and have no distant metastases. Full report including details of diagnosis, histology, investigations, treatment and prognosis to be submitted to the Civil Aviation Authority (CAA) Medical Department. A history of treatment related heart failure will disqualify.

# Note 3

Exercise ECG according to the <u>UK CAA exercise ECG (Bruce) protocol</u>, which is symptom limited and a **minimum** of 9 minutes.

#### Note 4

24-hour ECG - no significant rhythm or conduction disturbance. Short burst of supraventricular tachycardia (SVT) may be acceptable. Ventricular tachycardia (VT) will require further investigation.

#### Note 5

Echocardiogram – structurally normal heart. Normal left and right ventricular function.

### Note 6

The cardiology report will be reviewed by a CAA medical assessor. It may be necessary to see the investigations, in which case the actual tracings / imaging will be requested. In complex cases a secondary review panel of cardiologists will be convened.

### Note 7

Initially, annual cardiology review with echocardiogram, 24-hour and exercise ECG. Subsequently, reduced follow-up requirements may be acceptable at the discretion of a CAA medical assessor.

Please print this document and take to your specialist advisor