**Class 1/2 Alcohol/Substance Misuse and Addictions Assessment Process**

**Confirmed Diagnosis of Alcohol/Substance Misuse**

- **Unfit**
- **May continue flying**

**Drink Driving conviction Notification Note 1**

**3rd Party Notification Note 1**

Further enquiries

**Specialist Assessment Note 2**

**Confront**

- **Diagnosis of alcohol or substance misuse**
- **Appropriate treatment Documented abstinence Note 3**
- **Results acceptable to AMS**

**No diagnosis or evidence of alcohol or substance misuse**

**Class 1 OML**

Class 2 unrestricted or OSL

Follow-up as specified Note 4

18 months Class 1
1 year Class 2

**Fit class 1 or 2 unrestricted**

Follow-up as specified by AMS Note 5

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**NOTES**

1) If diagnosis is uncertain (e.g., first drink driving conviction) fitness may be maintained after discussion with AMS. A 3rd party notification should be investigated - discussion with the individual/AME/GP may help to verify. AME may wish to review. Pilot should be reviewed by specialist if reasonable suspicion or allegation substantiated.

2) By CAA specialist advisor in alcohol and addiction disorders (Class 1) or local psychiatrist (Class 2). To include bloods: MCV, GGT and % CDT (for alcohol misuse) and hair analysis for cannabis, amphetamines, metamphetamines, cocaine, opiates and BDZs (for substance misuse) and alcohol questionnaires (e.g., ‘Severity of Alcohol Dependence Questionnaire’, ‘The Alcohol Problems Questionnaire’ and ‘Alcohol Use Disorders Identification Test (AUDIT)’).

3) Depending on the individual case and at the discretion of the AMS, treatment and review may include in-patient treatment of some weeks followed by periodic specialist review, and blood/hair testing and buddy reports at each review.

4) A fit assessment may be considered by the AMS after a period of two years documented sobriety or freedom from substance use. At revalidation or renewal a fit assessment may be considered earlier and a multi-pilot (Class 1 ‘OML’) or safety pilot limitation (Class 2 ‘OSL’) may be appropriate.

5) Follow-up may be required indefinitely in severe cases. If relapse occurs, a further period of grounding is required, pending further assessment/treatment. More than one episode of relapse is disqualifying.

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Please print this document and take to your specialist advisor.

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