Prostate Cancer

CAA Guidance on Class 1/2 Certification

Note: All Class 1 holders should be referred to the AMS.

A. On reporting a diagnosis of prostate cancer the pilot should be assessed as UNFIT pending receipt of satisfactory reports.

B. A specialist report is required to include:

1. Grade (Gleason score)
2. Stage
3. Any extra-capsular spread
4. Any distant spread
5. Pre and post treatment PSA
6. Imaging results: MRI, Bone Scan
7. Treatment, including dates
8. Prognosis
9. Follow-up plan: clinical reviews/PSA tests/imaging

C. Requirements for recertification:

1. No metastases. (Note: exceptionally, Class 2/OSL may be possible; such cases should be referred to AMS).
2. Satisfactory treatment response, demonstrated by decrease in PSA level, if elevated. (Note: 15% of prostate cancer is associated with normal PSA levels)
3. Full recovery from treatment.
4. No symptoms/complications that could affect flying. If any complications, appropriate investigations and specialist referral is required.
5. Time to recertification depends on treatment received (see Table below).

D. Time to recertification after common treatments

Treatment	**Prostatectomy** (TURP/ Radical)	**Radiotherapy** (External)	**Brachytherapy** (Internal)	**Hormone Therapy** (Acceptable treatments: anti-androgens e.g. bicalutamide, LHRH agonists e.g. goserelin.)	**'Watchful Waiting'/** **Active surveillance**
Requirements	Minimum of 6 weeks after prostatectomy	Minimum of 4 weeks after last dose radiotherapy	Minimum of 6 weeks after insertion	Minimum of 4 weeks on maintenance dose, stable and without side effects	Minimum of 2 monthly specialist reviews with PSA tests Follow-up reports must be submitted to AMS for Class 1 AME for Class 2.
Certification	Class 1 unrestricted* Class 2 unrestricted				Class 1 OML Class 2 unrestricted

*High grade or extra-capsular spread may require an OML.

Note: Other treatments (chemotherapy, High Intensity Focused Ultrasound, cryotherapy, steroids) should be referred to the AMS.