

Investigations required for abnormal ECG observations

1=Cardiologist review, 2=Exercise ECG 3=24hr Holter ECG, 4=Echocardiogram

| Diagnosis | Class 1 | | Flow Charts | Class 2 | |
|---|-----------------------|---|--|------------------------|--|
| | Fitness assessment | minimum Investigations; others if clinically indicated | and guidance available (Class 1/2) | Fitness assessment* | minimum Investigations others if clinically indicated |
| Rhythm | | | | | |
| Incomplete RBBB | AME | Investigate if other abnormalities present | No | | Investigate if other abnormalities present |
| Atrial Fibrillation Atrial Flutter | | | Yes | | |
| Sinoatrial dysfunction or Sinus Pauses | | | No | | |
| Mobitz type 2 AV block | | | No | | |
| Complete RBBB | 1 | 1,2,3,4 | Yes | | 1,2,3,4 |
| Complete LBBB (Or RBBB+Left Axis deviation) | | | Yes | | |
| Broad/narrow complex tachycardia | | | No | AME | |
| Pacemakers | AMS | | Yes | | |
| Mobitz type 1 AV block | CIVIN | 1,3 | No | | |
| SVEs/VEs Simple |] | 1,3 Then possibly 2,4 | Yes | | 1,3 |
| SVEs/VEs Complex | | | | | |
| WPW | <u> </u> | | Yes | | |
| Other inc AVNRT etc | | 1224 | Yes | | 1 2 2 4 |
| Asymptomatic QT prolongation | | 1,2,3,4 | No | | 1,2,3,4 |
| Brugada Pattern | 1 | | Yes | | |
| Post ablation | 1 | | Yes | | |
| Coronary disease | | | | | |
| Pathological Q waves T inversion Q waves Poor R wave progression | AMS | 1,2,3,4 | Yes | AME | 1,2,3,4 |
| Cardiomyopathy | | | | | |
| LVH, atrial enlargement, Flat or inverted T waves, | AMS | 1,2,3,4 | No | AME | 1,2,3,4, |
| Miscellaneous – new finding of | | | | | |
| Non-specific T wave changes | | | | | |
| New or progressive Left axis deviation | | 1,2 | | | 1,2 |
| ST segment sag |] | | No | | |
| ST segment depression | AMS | | INO | AME | |
| First degree AV block (>240ms) |] | | | | |
| Bradycardia (rate < 40 bpm) |] | 1,3 | | | 1,3 |
| Tachycardia (rate > 100 bpm) | | | | | |
| Asymptomatic Long QT | | 1,2,3 | Yes | | 1,2 |

^{*} where there is guidance material and/or certificatory flow charts and assessment is straightforward, AMEs should make the fitness decision. For complex and/or borderline cases the AME should discuss the case with the Medical Assessment Team (MAT). Review of reports/investigations coordinated by the AME may be required for MAT review.