Specification for MUSCULOSKELETAL REPORTS

The European Regulations and UK CAA's Guidance Material for fitness decision, acceptable treatments and required investigations (if specified) can be found in the medical section of the CAA website (www.caa.co.uk/medical). For many conditions, there are also flow charts available for guidance on the assessment process.

The following subheadings are for guidance purposes only and should not be taken as an exhaustive list.

1. **Diagnoses**

2. **History**
   - Presenting symptoms / injury / impairment
   - Nature of condition, circumstances surrounding onset, precipitating factors
   - Other relevant medical history

3. **Examination findings at time of clinical report**
   - Stability of joints (stable/unstable)
   - Muscular strength and control (normal/diminished)
     - relevant to forces required (e.g. in the cockpit, 25-35kg for pitch and roll, 70kg pedal pressure to control yaw)
   - Range of movement and control (restricted/unrestricted)
     - relevant to limb movements for operation of controls and neck movements for look out

4. **Results of any Investigations performed**
   - Blood test results (e.g. FBC, U&E, LFT, ESR, CRP)
   - Radiology imaging reports (e.g. CT, MRI, Bone scan, X-RAY)
   - Other procedures and investigations

5. **Treatment**
   - Recent past and ongoing treatment must be detailed
   - Current and recent past medication (dose, frequency, start and finish dates) particularly systemic steroids and immune-suppressant steroid-sparing medications
   - Confirmation no side effects from medication

6. **Follow up and further investigations/referrals planned or recommended**
   - Anticipated follow up/frequency of clinical reviews and investigations
   - Prognosis and risk of recurrence
   - Confirmation of full recovery or remission on maintenance dose of acceptable medication and well controlled at date of report

7. **Clinical Implications**
   - Any concerns regarding stable deficits, disease progression, treatment compliance or risk of sudden incapacity