The European Regulations and UK CAA’s Guidance Material for fitness decision, acceptable treatments and required investigations (if specified) can be found in the medical section of the CAA website (www.caa.co.uk). For many conditions, there are also flow charts available for guidance on the assessment process.

The following subheadings are for guidance purposes only and should not be taken as an exhaustive list.

1. Diagnoses

2. History
   - Presenting symptoms
   - Nature of condition, circumstances surrounding onset, precipitating factors
   - Other relevant medical history

3. Examination and Investigation findings
   - Clinical findings
   - Impairment or loss of function

4. Investigation findings
   - Blood test results (U&E, LFT incl GGT, TFT, FBC)
   - Radiology imaging reports (e.g. X-Ray, Ultrasound, CT, MRI)
   - Histology reports
   - Other procedures and investigation reports

5. Treatment
   - Recent past and ongoing treatment must be detailed
   - Current and recent past medications (dose, frequency, start and finish dates)
   - Confirmation no side effects from medication
   - Surgical reports

6. Follow up and further investigations/referrals planned or recommended
   - Anticipated follow up/frequency of clinical reviews and investigations
   - Prognosis and risk of recurrence
   - Confirmation of full recovery or remission on maintenance dose of acceptable medication and well controlled at date of report

7. Clinical Implications
   - Any concerns regarding disease progression, treatment compliance or risk of sudden incapacity